

Student Book Review  
Chicken Noodle Soup for a Teenage Soul III,

By Jack Canfield, Mark Victor Hansen, and Kimberly Kirberger

In this book Chicken Noodle Soup for a Teenage Soul III, I found out that a sometimes the best way to survive through hard times is finding out You are not alone. The Chicken Soup for the Teenage Soul series have provided just that reassurance to millions of teens in the few years since the first was published. Much like the earlier volumes, the third in the series features stories, poems, and cartoons, submission, narrowing the selection down to 5,000 favorites. The editors Jack Canfield, Mark Victor Hansen, and Kimberly Kirberger made the final cuts. The results? Packed with compassion, heartache, love, experience and wisdom.

Chicken Soup for Teenage Soul III indeed does hold more stories of life, love and learning. I got this book from a teacher as a going away present and I have read a story almost every night. The stories in this book are written by teens for teens. Stories about everything from bilingual relationships to suicide attempts. This book is perfect for those who struggle with many problems in their lives. I have also read Chicken Noodle Soup African American Teens 1&2 as well as Chicken Noodle Soup Letters. Letters from the readers tell about how hearing that they were not alone saved some people from Suicide salvaged relationships and healed those whose hearts were broken. Obviously, the stories in these books are quite powerful, and though sad, I would put this on must-have list for teens of all shapes and sizes.

Most of the stories are contributed by a young teen named Kindra who wrote a story because of her life. Kindra didn't know her parents didn't care about her. She always wanted to run away because she could not handle the way that her parents wanted her to be. Kindra wrote in this book wrote that she is having a hard life and doesn't want to stay in her parents house anymore. She said that she needs a true friend to help her in life. What happens to her...? Wait read and find out!

In this book the writing is perfect , if a touch melodramatic at times. But then, adolescence is nothing if not melodramatic, and the audience undoubtedly will relate perfectly to the teals of betray , friendship, identity crisis, parental clashes, and painful crushes. . This book is a source for laughs, advice, compassion and the comfort of knowing that we're never as alone as we think.

This book inspired me in many different ways. When I started reading this book I could not put it down for a second without wanting to pick it up again. This book has been very helpful and useful to me. The book talks about real problems and stories that teens have sent to publishers and published in their book. It is a nice to have us young people writing stories and having them published for others to read them and be inspired. When ever you get a chance you should read this book so you can see what is inspiring about this book.

In this book many parents did not want to support their children. Most parents would tell their children that they will not make it and that they were a waste of time. By saying this some these words were said to me by my mother. It hurts those who has to go through the same thing.

Some parents tell there children or for instance like Kendra when her parents told here that “they are done wasting there time for her.”(150) To be honest if my parents told me this I would not know what to do with my life... I would most likely give up and stop trying.

Reviewed by Keyairah Gregg  
Arrupe Jesuit High School, Class of 2009